



**MENTAL
HEALTH
FIRST AID**

**No-Cost
Training**

YOUTH MENTAL HEALTH FIRST AID

IDENTIFY. UNDERSTAND. RESPOND.

Just as CPR helps you assist an individual having a heart attack, Mental Health First Aid helps you assist someone experiencing a mental health or substance use-related crisis. In the Youth Mental Health First Aid course, you learn risk factors and warning signs for mental health and addiction concerns, strategies for how to help a youth in both crisis and non-crisis situations, and where to turn for help.

*Who should be trained? Employers, Police Officers, First Responders, Clergy, Hospital Staff, Teachers, School Staff, Coaches, Parents - Foster Parents - Caregivers, Caring Individuals... Anyone & everyone age 18+!
This training is for adults supporting youth.*

June 21, 2022

9:00 AM- 2:30 PM

***Lunch will be provided
for all registered
attendees***

Franklin County Public Library

919 Main St.

Brookville, IN 47012



Click HERE to register on Eventbrite or scan the QR code

*Deadline to register is **June 17th** to allow time for completion of pre-work.*

More details on registration page.

Questions? Email Robin at rkichler@onecommunityonefamily.org



*Eric J. Biehl
FCCF Memorial Endowment*



Made possible by Franklin County Stayin' Alive, Franklin County Community Foundation & Indiana Department of Health